

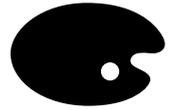
SENSORY WRITING QUESTIONS

Watch Nalini's *Sensory Writing* film. This question sheet will help you complete the activity, and you can hear the music by clicking the triangle on the webpage. Try to use lots of **adjectives** (describing words) in your writing.

Listen to the music.



Can you think of a colour or colours that come up when you listen?
Try to picture a colour and write it down.



How does this colour make you feel?



How does the music make you feel(eg. happy, sad, lonely)?
Write down all the feelings that come into your mind.

What does the music taste like, if you could describe it that way?
Does it remind you of your favourite food or treat?



Think of a time when you went for a walk in the rain. What did you see? Use words to describe how the rain looked and moved.

What does the rain sound like?



What does the rain smell like?



When the rain clears what do you see or smell? Do the plants and trees look different now, after the rain?

Do you see a bigger view of mountains or the sky or an island in the distance; what do you see?



How do you feel now that the rain has stopped eg. peaceful, happy, sad, excited?

Go outside and see if anything you have thought about in your mind is there in front of you. What do you see/hear/smell? Is it cold or warm? Is it raining? Do you feel different when you are outside experiencing these senses to when you think of them in your imagination?

Next time you go for a walk take a notebook and write down the way it looks, smells, sounds, feels and tastes (even if you have to imagine this!) You could try turning your sensory words into a story or poem.

Happy writing!

